

H O T E L & B A L N E A R I

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TERMES  O R I O N



## PROGRAMMES

The treatments in each programme are divided among the total number of days of your stay

### Relaxing getaway

The programme includes:

- 3 day / 2 night stay with breakfast and 2-hour access to the thermal circuit per night
- Aromatherapy massage with essential oils (45 min)
- Foot reflexology (30 min)
- Head and neck massage (20 min)

**Price per person in a double room**

**from 338 €**

**Price per person in a double room with single occupancy**

**from 454 €**

### Rest and beauty

The programme includes:

- 3 day / 2 night stay with breakfast and 2-hour access to the thermal circuit per night
- Oxygen facial treatment (75 min)
- Body scrub (30 min)
- Moisturising body massage (30 min)
- Head and neck massage (20 min)

**Price per person in a double room**

**from 418 €**

**Price per person in a double room with single occupancy**

**from 534 €**

## PACKS

### Muscle relaxa pack (1 h 20 min)

Partial chiromassage. Head and neck massage. Foot reflexology

**158 €**

### Regenerative pack (2 h)

Exfoliation with Himalayan salt flakes. Regenerative body massage. Firming facial treatment

**226 €**

### Vitamin C+ pack (2 h)

Citronella body scrub and wrap. Body massage using vitamin C+ extract. Facial treatment using vitamin C+

**226 €**

### Beauty pack (2 h 15 min)

Body scrub. Moisturising shea butter body massage. Personalised facial cleansing

**247 €**

## ORION RITUALS BASED ON TRADITIONAL RATAFIA

### Earth ritual (1h 30 min)

Detoxifying infusion of ratafia. Relaxing geothermal treatment. Foot reflexology

**180 €**

### Balancing ritual (1h 45 min)

Detoxifying infusion of ratafia. Body scrub made from the sediment from the infusion and whole cane sugar  
Regenerative massage using bamboo canes. Head, neck and face relaxation

**216 €**

### Total detox ritual (2 h)

Detoxifying infusion of ratafia. Body scrub made from the sediment from the infusion and whole cane sugar  
Partial relaxing massage. Personalised facial treatment to suit skin type

**234 €**

## MASSAGES

### Massages 20 minutes

#### Head and neck massage

Complete relaxation of the head and face using essential oils

43 €

#### Localised massage

Relaxing massage of your choice, either back and neck or legs or feet

43 €

### Massages 30 minutes

#### Partial massage

Manual technique applied to the musculoskeletal system to release muscle tension, stimulate the nervous system and produce a soothing effect

61 €

#### Foot reflexology

Stimulation of various pressure points on the feet that are connected to different parts of the body via nerves and energy lines. Improves metabolic function and reactivates the immune system

73 €

### Massages 45 minutes

#### Pinda back massage

Combination of manual technique and pressure using pindas to relieve muscle tension

83 €

#### Aromatherapy massage using essential oils

Relaxing and soothing massage with a warm oil of your choice, to release tension

83 €

### Massages 60 minutes

#### Total chiromassage

Relaxing foot, leg, arm, back and neck massage

100 €

#### Lymphatic drainage

Very gentle manual technique that works on lymphatic circulation, activating the metabolism and encouraging the elimination of toxins

100 €

#### Geothermal massage

Geothermal massage uses warm volcanic stones on different parts of the body for a soothing effect. This soothing effect benefits circulation, relaxes muscles and provides balance and well-being

116 €

#### Bamboo massage

Relaxing massage using bamboo canes that deeply stimulate the skin, muscles and nervous system. Feet, legs, arms, back and neck

116 €

### Massages 75 minutes

#### Full body massage

Full body massage and light facial cleansing

135 €

## FACIAL TREATMENTS

#### Facial treatment and pinda massage (45 min)

Facial treatment using milk, toner, scrub, moisturising mask and facial massage with mandarin essential oil and sweet almond oil

105 €

#### Vitamin C+ (60 min)

Recommended for tired-looking, dull skins. Provides glow and hydration. Offers immediately visible results

118 €

#### Personalised facial cleansing (75 min)

Specific treatment according to skin type

112 €

#### Especially for men (75 min)

Deep cleanse, toning and cellular renewal

112 €

#### Oxygen (75 min)

Helps to protect the skin from environmental stress, provides luminosity and helps restore the skin's cellular functions to combat ageing

125 €

#### Hydraluronic treatment (90 min)

Rapidly and naturally plumps and hydrates the skin to reduce fine lines and signs of ageing

155 €

## BODY TREATMENTS

<b>Body scrub with mineral salts (30 min)</b>	<b>73 €</b>
<b>Alhambra experience (60 min)</b>  Exfoliation with Himalayan salt and relaxing massage with warm olive oil wax	<b>118 €</b>
<b>Vitamin C+ revitalising treatment (60 min)</b>  Fig-seed scrub and relaxing massage with warm citrus wax	<b>118 €</b>

## BODY WRAPS

<b>Citrus body wrap (60 min)</b> Includes exfoliation with brown sugar flakes and sweet almond oil	<b>105 €</b>
<b>Aloe vera and mint body wrap (60 min)</b> Exfoliation with Himalayan salt flakes and sweet almond oil	<b>105 €</b>
<b>Lavender body wrap (60 min)</b> Includes exfoliation with brown sugar flakes and sweet almond oil	<b>105 €</b>

## MUMS TO BE

<b>Head and neck massage (20 min)</b> 	<b>43 €</b>
<b>Lymphatic drainage (60 min)</b>  With white tea and shea butter cream	<b>100 €</b>
<b>Facial treatment (75 min)</b> Personalised according to skin type	<b>118 €</b>
<b>Moisturising relaxing massage</b>  Your choice of shea butter or essential oils	
- 30 min	<b>61 €</b>
- 45 min	<b>83 €</b>