

H O T E L & B A L N E A R I

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TERMES  O R I O N



## PROGRAMMES

The treatments in each programme are divided among the total number of days of your stay

### Relaxing getaway

The programme includes:

- 3 day / 2 night stay with breakfast and 2-hour access to the thermal circuit per night
- Aromatherapy massage with essential oils (45 min)
- Foot reflexology (30 min)
- Head and neck massage (20 min)

**Price per person in a double room**

**from 319 €**

**Price per person in a double room with single occupancy**

**from 428 €**

### Rest and beauty

The programme includes:

- 3 day / 2 night stay with breakfast and 2-hour access to the thermal circuit per night
- Oxygen facial treatment (75 min)
- Body scrub (30 min)
- Moisturising body massage (30 min)
- Head and neck massage (20 min)

**Price per person in a double room**

**from 400 €**

**Price per person in a double room with single occupancy**

**from 509 €**

## PACKS

### Muscle relaxa pack (1 h 20 min)

Partial chiromassage. Head and neck massage. Foot reflexology

**139 €**

### Regenerative pack (2 h)

Exfoliation with Himalayan salt flakes. Regenerative body massage. Firming facial treatment

**199 €**

### Vitamin C+ pack (2 h)

Citronella body scrub and wrap. Body massage using vitamin C+ extract. Facial treatment using vitamin C+

**199 €**

### Beauty pack (2 h 15 min)

Body scrub. Moisturising shea butter body massage. Personalised facial cleansing

**217 €**

## ORION RITUALS BASED ON TRADITIONAL RATAFIA

### Earth ritual (1h 30 min)

Detoxifying infusion of ratafia. Relaxing geothermal treatment. Foot reflexology

**159 €**

### Balancing ritual (1h 45 min)

Detoxifying infusion of ratafia. Body scrub made from the sediment from the infusion and whole cane sugar  
Regenerative massage using bamboo canes. Head, neck and face relaxation

**191 €**



### Total detox ritual (2 h)

Detoxifying infusion of ratafia. Body scrub made from the sediment from the infusion and whole cane sugar  
Partial relaxing massage. Personalised facial treatment to suit skin type



**207 €**

## MASSAGES



### Massages 20 minutes

<b>Head and neck massage</b> 	<b>38 €</b>
Complete relaxation of the head and face using essential oils	
<b>Localised massage</b> 	<b>38 €</b>
Relaxing massage of your choice, either back and neck or legs or feet	





### Massages 30 minutes

<b>Partial massage</b> 	<b>53 €</b>
Manual technique applied to the musculoskeletal system to release muscle tension, stimulate the nervous system and produce a soothing effect	
<b>Foot reflexology</b> 	<b>64 €</b>
Stimulation of various pressure points on the feet that are connected to different parts of the body via nerves and energy lines. Improves metabolic function and reactivates the immune system	

### Massages 45 minutes

<b>Pinda back massage</b> 	<b>72 €</b>
Combination of manual technique and pressure using pindas to relieve muscle tension	
<b>Aromatherapy massage using essential oils</b> 	<b>72 €</b>
Relaxing and soothing massage with a warm oil of your choice, to release tension	


### Massages 60 minutes

<b>Total chiromassage</b> 	<b>88 €</b>
Relaxing foot, leg, arm, back and neck massage	
<b>Lymphatic drainage</b> 	<b>88 €</b>
Very gentle manual technique that works on lymphatic circulation, activating the metabolism and encouraging the elimination of toxins	
<b>Geothermal massage</b> 	<b>102 €</b>
Geothermal massage uses warm volcanic stones on different parts of the body for a soothing effect. This soothing effect benefits circulation, relaxes muscles and provides balance and well-being	
<b>Bamboo massage</b> 	<b>102 €</b>
Relaxing massage using bamboo canes that deeply stimulate the skin, muscles and nervous system. Feet, legs, arms, back and neck	



### Massages 75 minutes

<b>Full body massage</b> 	<b>118 €</b>
Full body massage and light facial cleansing	

## FACIAL TREATMENTS

<b>Facial treatment and pinda massage (45 min)</b>	<b>92 €</b>
Facial treatment using milk, toner, scrub, moisturising mask and facial massage with mandarin essential oil and sweet almond oil	
<b>Vitamin C+ (60 min)</b> 	<b>104 €</b>
Recommended for tired-looking, dull skins. Provides glow and hydration. Offers immediately visible results	
<b>Personalised facial cleansing (75 min)</b>	<b>99 €</b>
Specific treatment according to skin type	
<b>Especially for men (75 min)</b>	<b>99 €</b>
Deep cleanse, toning and cellular renewal	
<b>Oxygen (75 min)</b>	<b>110 €</b>
Helps to protect the skin from environmental stress, provides luminosity and helps restore the skin's cellular functions to combat ageing	
<b>Hydraluronic treatment (90 min)</b>	<b>137 €</b>
Rapidly and naturally plumps and hydrates the skin to reduce fine lines and signs of ageing	

## BODY TREATMENTS

<b>Body scrub with mineral salts (30 min)</b>	64 €
<b>Alhambra experience (60 min)</b>  Exfoliation with Himalayan salt and relaxing massage with warm olive oil wax	104 €
<b>Vitamin C+ revitalising treatment (60 min)</b>  Fig-seed scrub and relaxing massage with warm citrus wax	104 €

## BODY WRAPS

<b>Citrus body wrap (60 min)</b> Includes exfoliation with brown sugar flakes and sweet almond oil	93 €
<b>Aloe vera and mint body wrap (60 min)</b> Exfoliation with Himalayan salt flakes and sweet almond oil	93 €
<b>Lavender body wrap (60 min)</b> Includes exfoliation with brown sugar flakes and sweet almond oil	93 €

## MUMS TO BE

<b>Head and neck massage (20 min)</b> 	38 €
<b>Lymphatic drainage (60 min)</b>  With white tea and shea butter cream	88 €
<b>Facial treatment (75 min)</b> Personalised according to skin type	104 €
<b>Moisturising relaxing massage</b>  Your choice of shea butter or essential oils	
- 30 min	53 €
- 45 min	72 €